



NJ 工作者

現在有權享受帶薪病假。全職，兼職和臨時工符合法律資格。

利用生病的時間照顧自己或家人 - 家庭的定義是慷慨的：

- 用於身體/精神疾病或保健護理
- 應對家庭暴力或性暴力
- 參加您孩子所在學校的會議

工人每工作 30 小時可獲得 1 小時的病假，每年最多可達 40 小時。

你的雇主懲罰你使用你已經獲得的病假，或者讓你找到替代你的班次是違法的。除非連續超過 2 天，否則您的雇主不得要求記錄。

想了解更多，可訪問 mysickdays.nj.gov

有關其他權利和福利的信息，請訪問 nj.gov/labor



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NJ Workers

Now have the right to paid sick time. Full-time, part-time and temporary workers are eligible under the law.

Use sick time to care for yourself or a family member – the definition of family is generous:

- for physical/mental illness or wellness care
- to cope with domestic or sexual violence
- to attend a meeting at your child's school

Workers earn **1 hour of sick leave** for **every 30 hours they work**, up to 40 hours per year.

It's against the law for your employer to punish you for using sick leave you've earned, or to make you find a replacement for your shift. Your employer may not ask for documentation unless it's more than 2 days in a row.

To learn more, visit mysickdays.nj.gov

For information on other rights and benefits, visit nj.gov/labor



MW-569 (10/24)



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